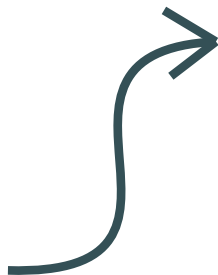


Kind Words & Fresh Starts

Yom Kippur: Kind Words & Fresh Starts

A gentle Jewish learning and activity pack



Ages 5-12 / K-6

English instructions + Hebrew with vowels + pronunciation

Short adult-led lessons / drawing and oral options

US Letter and A4 / answers and teaching notes included

Digital PDF. Print at home. No editable files or audio included.

Words for ideas and feelings

Name: _____ Date: _____

Some words name an idea or feeling, rather than one object. An adult reads each meaning and example aloud. Tell or act out an example together.

סליחה

slee-KHAH

sorry / forgiveness

Saying sorry or asking for forgiveness after a hurtful choice.

Example: I knocked over your blocks. I am sorry. May I help rebuild them?

תשובה

teh-shoo-VAH

return / repentance

Returning to better choices: notice a mistake, repair harm, and try to change.

Example: I grabbed a toy. I return it, ask for a turn, and practice waiting next time.

Ask: What does the word mean? Which part of the example shows that meaning?

Which words help?

Name: _____ Date: _____

You knocked over a block tower.

- A. 'Sorry you are upset.'
 - B. 'I knocked it down. Can I help rebuild?'
-

You used a pencil without asking.

- A. 'I took it without asking. Here it is back.'
 - B. 'You have lots of pencils anyway.'
-

You left someone out of a game.

- A. 'You should have asked louder.'
 - B. 'I left you out. We can make room if you want.'
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Say or write why your choice takes responsibility.